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## Trauma Aware San Antonio

1 message

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**Alexis Bierman** <alexis@biermanandco.com>

Sat, Jun 13, 2020 at 7:43 AM

To: "bonnie@tpr.org" &lt;bonnie@tpr.org&gt;

Bcc: Alexis Bierman &lt;alexis@biermanandco.com&gt;, Mark Henry Wayne Hiebert &lt;mhiebert@hiebertphotography.com&gt;, Michelle Bowles &lt;michelle@mlbowles.com&gt;

Hi Bonnie-

First up, let me thank you for your new podcast - I have enjoyed it!

I first saw you in person at the TPR lunch event for trauma awareness last year. I came because I had just had become a non-custodial mom after two years of family court circus that I initiated by trying to stop my kids flying across the country every 1/3/5 weekend.

It became clear to me that there was no trauma awareness in many of the five courtrooms I went through. Now that it is over, I've written to the 14 judges (letter is posted here at the bottom of the page: [alexisbierman.com/my-non-custodial-mom-story](https://alexisbierman.com/my-non-custodial-mom-story)) and have attempted to document the abuses that occurred to various state boards.

I was wondering if you had any ideas who I could reach out to in order to ask that these 14 people who have so much power over the lives of the children of Bexar county get the trauma training sooner than say, firefighters? While I 100% support police and other first responders getting trained, I would hate to see training for the judges overlooked.

As a native lowan I don't quite understand the county structure and how it would work with CoSA trainings. But I could see the passion in your eyes and hear it in your voice as you talked about your healing and healing for your daughter. ...therefore I thought I'd reach out and see if you had an advice on next steps for me to take to push trauma training for family court officials and staff?

Thank you for bringing so much great content to our airwaves. I appreciate you and all the TPR team.

All my best,  
Alexis

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**Alexis M Bierman**[alexisbierman.com](https://alexisbierman.com) | 210 787 8068 | [alexis@biermanandco.com](mailto:alexis@biermanandco.com)**Achiever | Individualization | Developer | Strategic | Learner**

I work with happiness and productivity experts and their research has shown that it's best to check email only a few designated times each day (and ideally not on weekends at all!). Therefore, **if you need me urgently, feel free to text me at the number above. Thank you!**