



Alexis Bierman <alexis@biermanandco.com>

Your Help to Bring Trauma Training for Bexar County Judges?

1 message

Alexis Bierman <alexis@biermanandco.com>

Thu, Jul 2, 2020 at 8:23 AM

To: colleen.bridger@sanantonio.gov, Alexis Bierman <alexis@biermanandco.com>

Hi Colleen-

I saw you present at the TPR Trauma Awareness event last fall. I was there because my children have been actively traumatized by the Bexar County "family court circus" and I wanted to see if I could help bring trauma awareness training to those 14 judges who have so much power over the lives of children in Bexar County.

I understand they are county employees, but I do not see a parallel for your advocacy at the county level. Could you point me in the right direction of how to go about demanding the judges get training sooner than later? They should be more aware of the impact of childhood trauma than the firefighters, in my opinion.

I wrote all 14 judges a letter (linked at the bottom of the post [here](#) and attached) but would love to be able to do more to help prevent the damage that was done to my children in future custody cases in family court.

I entered the family court only to stop my children from being forced to fly to Virginia every 1/3/5 weekend and ended up losing custody of my kids. I was a PTA president, I was trying and doing everything I could to get help for my kids.... the situation isn't right and I'm trying to rectify the system so that no other parents can use money to game the system.

I'd appreciate any help or guidance you can provide -- since this system of amicus/guardian ad litem/custody evaluations are happening in San Antonio is there anything COSA can do to help push families into the mediation that is required by the state code but rarely actually happens?

I know you're extremely busy, but if you (or your staff) would like to know more, the summary of my story is here: alexisbierman.com/my-non-custodial-mom-story

Sincerely,

Alexis Bierman

Mom to William (13) and Rebekah (10)

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I work with happiness and productivity experts and their research has shown that it's best to check email only a few designated times each day (and ideally not on weekends at all!). Therefore, **if you need me urgently, feel free to text me at the number above. Thank you!**

 **Dear Bexar County Judges.pdf**

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